



CO-CURRICULAR POLICY

GENERAL PRINCIPLES

At Clifton we place a major emphasis on participation in and enjoyment of sporting and cultural activities and so make every effort to ensure that we can accommodate all boys within our practice and match structures.

• FOR ALL PHASES

- Participation in at least one sport per term is compulsory for all boys unless excused by the appropriate Deputy Principal or the Principal. Participation in cultural activities is voluntary but boys may be required to attend compulsory cultural events at the school.
- All boys from Grade R to Grade 11 have Physical Education lessons (ST@C) during school hours. These lessons teach basic ball skills, body and health awareness, and some specific sporting skills. They are not intended to be mini-practices and constitute a formal curriculum in the school.
- We offer cricket, rugby, soccer and hockey coaching and ball skills to Grade 1 and 2 boys.
- From Grade 2, boys may be selected for teams to play interschool matches. In line with other independent schools, we do not participate in competitive team sport at all below Grade 2. Selection for teams is done in a spirit that aims at fun, participation and involvement.
- We uphold the good practices of all co-curricular activities and insist on correct behaviour, correct dress and high standards of sportsmanship at all times.
- We aim to offer high standards of coaching and we will employ outside coaches wherever possible. We remain cognizant of the need to use teachers who are aware of the needs of the boys and the school and, where possible, we combine a Clifton teacher with an outside coach at each age group.
- We also place an emphasis on commitment and we insist that boys who have signed up for an activity in any term honour that commitment by attending all practices and matches when they are selected. Where a sport covers more than one term, commitment is viewed as annual, unless otherwise stated. To this end, all coaches keep a register of attendance and a record of all results.
- We respect our facilities and the equipment that has been made available by the school. We use our facilities to the full and all coaches should make maximum use of the time at their disposal.
- We believe that the acquisition of skills is a cumulative process and we ask all teachers in charge of sports to ensure that coaches are aware of the requirements of the coaching programme.
- We reject a 'win at all costs' attitude to sport and we play the game within the rules or laws and within the spirit of the sport. We ask our players and our spectators to respect this.
- We do not question the decisions of referees, umpires and coaches at any stage and we exhibit the highest standards of courtesy towards all guests at the school and to our hosts when we are away from school.